

Lunches Must Include Milk

According to the National School Lunch Program (NSLP) guidelines, a carton of milk must be served with every lunch we sell. Students do not have the option to decline milk.

If our schools want to be eligible for government subsidized food, and reimbursed for part of our meal costs, we must follow the NSLP rules.

Regular audits of our food service procedures are conducted to ensure compliance with these rules and regulations. Frankly, we cannot afford to offer the meals we do without the federal government's support, and therefore need to be compliant.

If a child has a medical reason why they cannot take milk with lunch, a form must be provided by your doctor to that effect. Forms are available in the lunch rooms, the school offices, [on the website](#), or from Mrs. Butson the nurse.

The Illinois State Board of Education website has all the detailed information you may need. It is:
<http://www.isbe.net/nutrition/htmls/requirements.htm>